**Walk Tall**

The program provides youth ages 8-18 years with opportunities to participate in after-school programming. It is divided into two groups; junior group (8 - 12 years) and senior group (13 - 18 years). The group's goal is to provide a safe and supportive place where youth can experience new opportunities, build positive relationships, overcome barriers, and learn about Carrier Culture.

**Intensive Youth Social Workers (8 - 24 years)**

Intensive Youth Social Workers (IYSW) provide individualized services to their assigned caseload. These services are tailored to support youth to develop the confidence and skills necessary to overcome challenges and achieve their goals. IYSW’s meet with client weekly or bi-weekly for two hours of goal-oriented support work.

**Elder Youth Mentorship Program (EYM)**

Our EYM program promotes cultural permanency for youth. It provides opportunities for community engagement, cultural connection, and building a strong sense of identity and cultural pride. Elder mentors are involved in planning the events and activities, and they receive support and training throughout the mentorship process.

**Youth Pantry / Food Bank**

The Niwh Hiskak Habibeh team has a designated Youth Pantry where youth who have active files can access non-perishable foods, fruits, vegetables, and meal kits for their personal use. The youth pantry also has hygiene necessities, and some clothing.

**Youth Advisory Council**

This is a group of empowered youth who use their lived experience with the government care system to improve youth services at CSFS. **The Council is made up of members between the ages of 13 - 18**. YAC members provide recommendations about services and policies that affect children, youth, and families in our service delivery area, including our 11-member Nations and urban centres **(Burns Lake, Vanderhoof and Prince George).** Their perspectives are vital to improving CSFS services for children, youth and families.

**Nk’Esiy (Youth PRIDE Group)**

Our Nk’Esiy Pride Group is comprised of members of the 2SLGBTQ+ community, and allies who are committed to creating a safe and accepting environment for all people, regardless of sexual orientation or gender identity through education, support, social action, and advocacy. The group participants and facilitators understand that two-spirit empowerment and Indigenous issues are linked and that decolonization is an essential part of supporting two-spirit people.

**Noh’ Khunik (‘Our Language’)**

The Carrier Language Program is to re-connect Indigenous children and youth with their language and culture, enhancing positive self-identity, cultural connection and pride. In addition to learning language, this program provides teachings in traditional Indigenous roles associated with the child's specific life stages and community. Youth will be supported to practice their language within with their families in their homes. Youth and caregivers participate in language-based learning activities with the participants during the weekly programs. The program is led by traditional knowledge holders who are fluent in the Carrier-Sekani (Nadut'en) language. The knowledge holders provide weekly immersion style language classes to Indigenous children and youth and their caregivers.

**Wise Ones Study Group (Academic Support)**

Wise One’s is a drop-in style study group that offers academic support for youth in High School in Prince George. The study group also offers teachings of Carrier Leadership, and values. The group provides an after-school snack, and access to school supplies and lap-tops.