Maternal Child Health Program



The Maternal Child Health Program offers resources and support on and off reserve to Indigenous pregnant women and parents of infants and young children from 0 to 6 years of age.

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Maternal Child Health Program Information

We offer:

- Transportation for medical appointments (case by case basis)
- Breastfeeding Support
- Nutrition Support
- Developmental Assessements (Home visits/Clinic visits)
- Community Kitchens (in collaboration with Family Preseveation and Early Childhood Evelopment)

- Pre and postnatal support
- Outreach Services
- Baby Bags
- Medical Advocacy
- Home Visits
- Hospital Visits
- Child Wellness Clinics (in collaboration with CSFS nursing and Early Childhood Development)

Providing Support to:

- Primary Health Care Team
- Family Support
- Access to free prenatal vitamins
- Access to food vouchers
- Assist with securing shelter
- Baby necessities (diapers, formula, breast pumps, etc.)
- Clothes Closet
- Special events and programming

Providing information about:

- Indigenous health care benefits
- Nutrition
- Breast feeding
- Harm reduction
- Parenting
- Childhood growth & development
- Perinatal postpartum and anxiety

Regular hours of service are from 8:30am- 4:30pm, Monday to Friday, with exception to statutory holidays.



Contact MCH

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