



### WHO WE ARE:

We are certified through the Equine Connection and the Academy of Equine Assisted Learning. The Academy of Equine Assisted Learning is the first nationally recognized certified EAL program. Equine Connection is a global learning program that emphasizes its Building Block Curriculum™ of facilitating life skills through positive reinforcement and interaction with horses. Current research has found that experiential form of learning to be the most effective. Yes! Research has been done by three respectable universities in Canada to support these findings.



## EAL (Equine Assisted Learning)



For more information about this program please contact:

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## Interactive Skills Development Program

Photos courtesy of Erin Weyman (Sunchaser Photography) and Equine Connection.



## Why horses?

Horses are the perfect educational tool for the use of personal development. Nature provides horses with very astute instincts and senses, which allows them to give immediate honest feedback. Being with a horse is a "hands on" experience. Once a participant is taught the basics of a horse's body language, he or she can become the leader that the horse seeks. When a horse feels safe and at ease with the person, cooperation is immediate and the person can easily get the horse to do what is asked of them.

## Why EAL?

People ask all the time, why will this program work? What makes it different? It's simple ... a horse! There is nothing like a 1200 lb. teacher! With a horse comes participation, retention, and a whole lot of fun. By nature horses are highly intuitive and have innate sensitivity. This allows the facilitator to have an understanding into the participants' character. It has been proven that the more senses that are engaged, the more learning that will be retained. The more we can engage the learner's senses, the more likely they are to learn, retain, and apply what they have learned.

## The Program

We focus our work around youth, women and corporate teams, however; we have the ability to customize programs to meet specific needs. Each of our exercises are custom designed to maximize safety, learning potential and focus on developing individual skills, while working together as a group. These exercises are fun and interactive as well as challenging. Participants are taught how to change their perspective on social interaction while learning essential skills that include: **SAFETY, LEADERSHIP, COMMUNICATION, TEAMWORK, and EMPATHY.** Teams work together to develop relationships, accept responsibility, learn accountability, and overcome barriers to find change. Teams also gain the courage to be creative and innovative, find opportunity in working together and understand the benefits associated with effective communication. Participants will also learn to recognize the value of mutual respect, trust, and personal integrity all while having FUN!

More ...

Our programs include: safety equipment, instruction, the venue, insurance, customized curriculum, handouts, classroom debriefing, healthy snacks and water.



**Horses help instill  
empathy & kindness  
in the participants ...**



**Empower people  
through the power  
of the horse ...**